

Bridging the Digital Divide for Older Adults

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Understanding the Digital Divide

The difference between those that have access and use of internet and those who don't.



Understanding the Digital Divide

- As ICT become increasingly pervasive, those that are left behind are highly disadvantaged
- COVID-19 has highlighted the vital importance of increasing digital inclusion
- Older adults often excluded and marginalized with respect to technology.
 - Especially when we intersect lower socioeconomic factors, race, gender and new immigrant status with older adults



From our Older Adult Community ... Consequences of Digital Divide





Lack of services

Difficulty with healthcare

Lack of value

Poor care & health

outcomes

Barriers to accomplish things that used to be easy



Voices not heard

Loneliness

Left behind

Feelings of uselessness

Frustration

Socially disconnected

No one cares











Bridging the Divide



- Funding for infrastructure development in rural areas
- Access via local libraries, community centres, etc.
- Targeted subsidies
 - Technology
 - Access
 - Education



Bridging the Divide

Fear Attitude Digital Skills

- Cognitive support
- Emotional support
- Design



Barriers directly heard from our older adult community ...



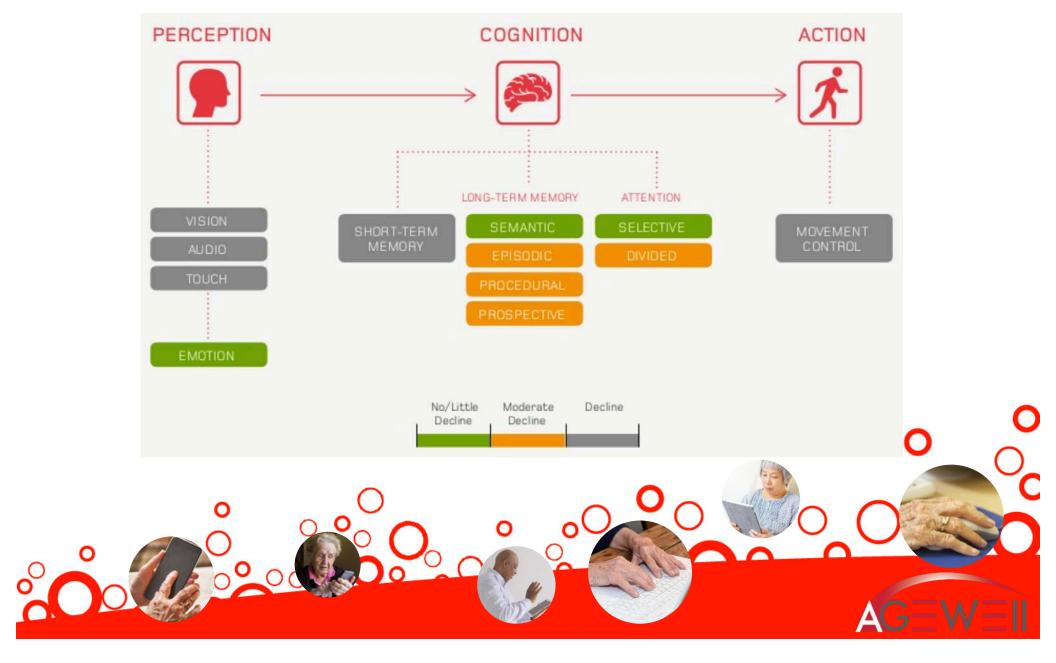
Interface Design



- One size does NOT fit all!
- Differences in motivations, expectations, experiences, comfort, capabilities, etc.



Age-related changes in capabilities



Basic principles that designers get wrong

1. Size, colour and contrast

- Font sizes too small
- Click targets too small
- Colours used inappropriately

Overwhelm with dense text, especially when text is stuffed into small spaces without enough white space to separate sections

Not enough contrast between website elements





Stay Connected with Apple Support







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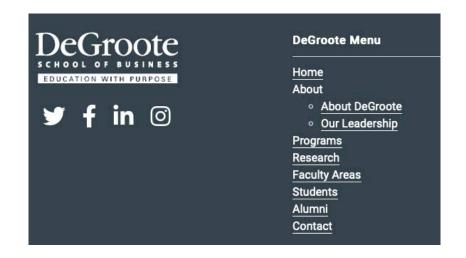
Sales and Refunds

Site Map

Canada (English)

Français









Basic principles that designers get wrong

2. Navigation

- Aesthetic overriding intuitive navigation
- Overwhelming information
- Mismatch with mental models
- Needs to clearly answer
 - Where am I?
 - Where have I been?
 - Where can I go?

Basic principles that designers get wrong



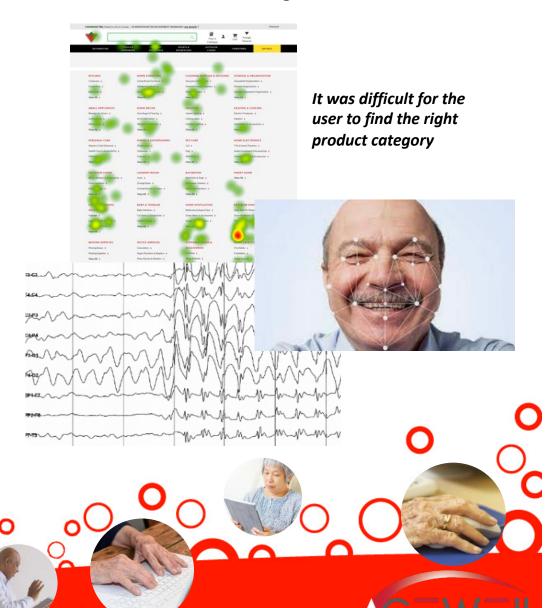
3. User testing with older adults

 Only real way of knowing how someone will interact with a technology is by testing it with them

Gain insights into usability struggles and successes

Going beyond surveys

- With surveys ...
 - Low granularity
 - Subjectivity bias
 - Social desirability bias
- Neurophysiological tools



Making it accessible

Mobile User Experience Lab

Bringing research, design, user testing and training to the community.



Policy Implications: To Close the Digital Divide

Principles

- Affordable access
- Access to digital literacy training
- Accessible interfaces
- Accessible support

Processes

- Open & transparent
- Multi-stakeholder
- Co-design with older adults



Some Canadian Initiatives

Canada's Digital Charter

- Principle #1: Universal Access
 - "All Canadians will have equal opportunity to participate in the digital world and the necessary tools to do so, including access, connectivity, literacy and skills"

Canada's Connectivity Strategy

 aims to connect 95% of Canadians to high-speed internet by 2026, and 100% by 2030



Can we do more?



Current focus:

✓ Affordable access

✓ Literacy and skills

Holistic approach:

Accessible design

✓ Accessible support

Public and Private Policies





